

## Equipment

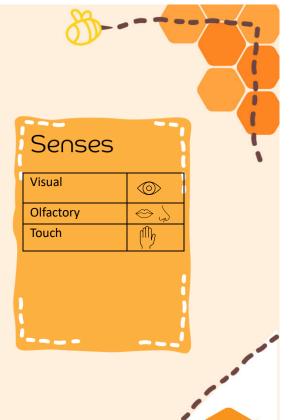
- Food ingredients
- Blender
- Plastic cup
- Cup decorations
- Sharpie

## **Easter Smoothies**

# Instructions

- Create the smoothierecipe below
- Decorate the cup
- Pour the smoothie into the cup







# Instructions

#### Pink Smoothie-

- 1 ½ cup milk (or milk alternative)
- 2 cups frozen strawberries

#### Green Smoothie-

- 1 ½ cup of milk (or milk alternative)
- 1 cup of spinach
- 1 frozen banana
- 1 table spoon of honey

#### Orange smoothie-

- 1 ½ cup of milk (or milk alternative)
- 2 carrots chopped
- 1 cup frozen mango
- 1 frozen banana

### Yellow smoothie-

- 1 ½ cup of milk (or milk alternative)
- 2 cups of frozen mango

#### Purple smoothie-

- 1 ½ cup of milk (or milk alternative)
- 2 cups of frozen blackberries